

## What thoughts should govern my heart when sitting before the Lord to remember Him?

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It is difficult to answer a question of this kind without assuming a position of controller and director of the thoughts and affections of the heart which is altogether beyond one, and thus touching upon a prerogative of the Holy Spirit of God. He alone is the source and energy of all responsive thoughts and affections in the heart of a believer. He is the "unction from the Holy One" by whom we "know all things" and "the same anointing teacheth you of all things, and is truth, and is no lie " (1 John 2: 20, 27).

But on the other hand we have the Word of God, and particularly those passages in the Gospels and in 1 Cor. 10 and 11 which refer to the Lord's supper, its institutions, and meaning, and we can safely submit our thoughts to its guidance, knowing that there will never be any clashing between the Spirit's unction within and His inspiration without us in Scripture.

We are safe therefore in saying that when remembering the Lord our minds may well be governed by such thoughts as are brought together in 1 Cor. 11: 23-29, for instance.

We think of the Lord Himself — "in remembrance of Me."

Of the "night in which He was betrayed." Its circumstances and all involved in it.

Of His body given for us symbolized in the loaf.

Of His blood shed symbolized in the wine, and of the new covenants connected with it.

Of His coming again — the grand terminus to which all leads.

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